



Make a Plan



Scan or click for links to resources

Prevention

Stay up to date with vaccines and boosters.

Wear a mask in public: indoors and at all crowded gatherings

Good ventilation is important to prevent spread

Stay home if you're ill



Testing



Get tested if you have symptoms or were exposed

You can use home tests or test at a testing center

Order free home test kits: [COVIDtests.gov](https://www.covidtests.gov)

Treatment

Check with your primary physician or clinic

Symptoms must be present 5 days or less to be eligible for oral or 7 days or less for intravenous treatment

Call Imperial Beach Community Clinic: **619-429-3733**

Free Telehealth Visits: **888-897-1244**

Pharmacists can prescribe Paxlovid. Check with your pharmacy.

